

## DIRECTIONS

Use this guide to select the correct sizes for the Chest and Arm Garments and to identify if a chest extension strap is required. You will need the following patient measurements: chest, bicep, waist, and arm inseam in centimeters (cm).

### CHEST GARMENT

The chest garment requires the patient's chest and bicep measurements (cm).

**Step 1:** Using the patient's chest measurement (cm), select the chest garment size from the table (right).

**Step 2:** Measure the patient's bicep (cm) and refer to the table (right). If the chest and bicep numbers do not fall within the same size category select the garment for the larger size number.

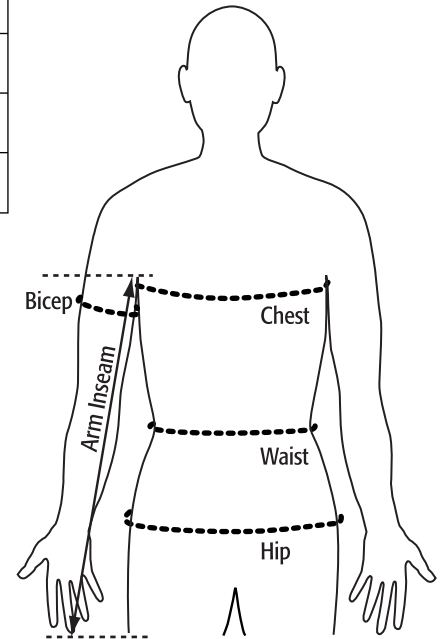
**Example:** Chest measurement is a size 2, bicep measurement is a size 3. Choose size 3, the larger size.

Chest Garment Size	Chest	Bicep
1	≤96 cm	≤36 cm
2	96.1–120 cm	≤48 cm
3	120.1–140 cm	≤54 cm
4	140.1–160 cm	≤60 cm

### ARM GARMENT

Use the patient's inseam measurement to identify the appropriate arm garment size from the table (right). For an accurate inseam measurement place the arm close to the side then measure from the tip of the longest finger to the axilla.

Arm Garment Size	Inseam
Short	≤64 cm
Long	>64 cm



## ADDITIONAL SIZING SPECIFICATIONS

### CHEST EXTENSION STRAPS

If the patient's waist measurement exceeds the maximum measurement for the selected chest garment size, the patient will need a chest extension strap. Use the table (right) to check the patient's waist measurement.

Chest Garment Size	Maximum Waist Size
1	90 cm
2	110 cm
3	150 cm
4	190 cm

### TRUNK GARMENT

Garments are designed to fit patients with a hip size less than or equal to 190 cm. If the measurement exceeds 190 cm, or if there are questions, please contact customer service at 866.435.3948 prior to ordering.