

# At-home treatment for cancer-related chronic swelling.

With Flexitouch Plus for head and neck.



**FLEXITOUCH® PLUS**

ADVANCED PNEUMATIC COMPRESSION SYSTEM

**Tactile**  
MEDICAL®

If you're experiencing chronic swelling, pain, limited mobility and/or skin hardening, it may be lymphedema. It can affect your quality of life, and if left untreated, lymphedema could lead to a serious bacterial skin infection called cellulitis.

The Flexitouch Plus system provides a comfortable and convenient way to manage your chronic swelling from home. It is clinically proven to stimulate your lymphatic system<sup>1</sup> and enhance your quality of life.<sup>2</sup>

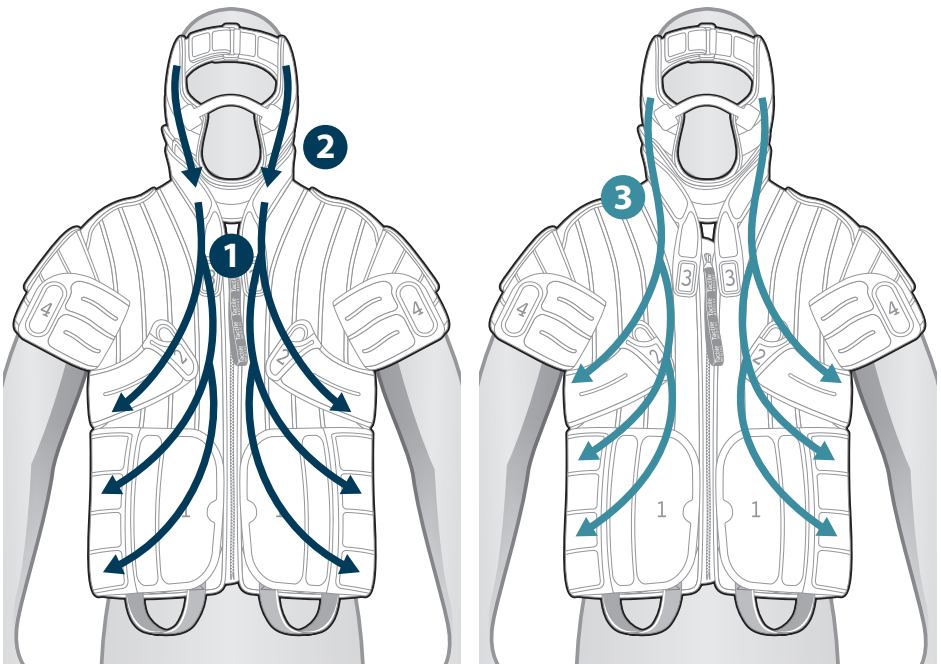


Our ComfortEase™ garments are designed to be:

- Easy to put and remove with large zipper pulls for daily use
- Conformed to your body for effective treatment
- Comfortable due to thinner, less bulky material

# How it works.

The Flexitouch Plus system uses a programmable controller that connects to a garment with built-in air chambers. The garment inflates and deflates in a specific order, creating a gentle, wave-like motion. This mimics manual lymphatic drainage, moving excess fluid from the swollen area toward healthier parts of the body where it can be absorbed.



## FLEXITOUCH PLUS TREATMENT OVERVIEW

*Your program may or may not include the decongestion phase (navy blue).*

- 1 Chest and Neck:** Directs fluid from the neck and the chest toward the underarm area (axilla)
- 2 Head:** Directs fluid from head toward the neck
- 3 Head, Neck and Chest:** Directs fluid from head, neck and face toward the healthy regions of the chest, in one continuous motion

# Head and neck treatment programs.

Flexitouch Plus can be set up to treat the head, neck, back, underarms and chest. Note additional options not shown include upper and lower extremity.

## PRIMARY PROGRAM



### HEAD, NECK & CHEST

Treatment time:  
32 minutes

## SUPPLEMENTAL PROGRAMS



### HEAD ONLY

Treatment time:  
13 minutes



### CHEST (OUTWARD)

Treatment time:  
12 minutes

Tactile Medical has developed the first pneumatic compression therapy specifically designed to treat head and neck lymphedema.

Watch Flexitouch Plus in action:





I call it my most prized possession because it allows me to engage in some normalcy.

Visit [tactilemedical.com/patientstories](https://tactilemedical.com/patientstories) to see Tim's story.

## Improved quality of life.

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96% of patients reported satisfaction with Flexitouch system treatment<sup>2</sup>

85% of patients had improvements in activities of daily living<sup>2</sup>

87% of patients reported increased ability to swallow, less discomfort and a softening of fibrotic tissue<sup>2</sup>

### WE MAKE ORDERING EASY!

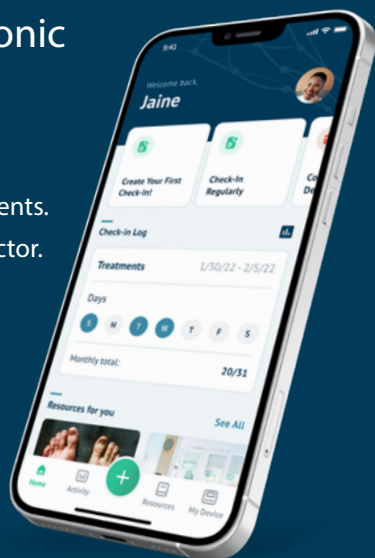
Flexitouch Plus is available by prescription only and is covered by many health plans. Once prescribed, we will work with your healthcare team and insurance provider to process your order.

To learn more, visit [tactilemedical.com](https://tactilemedical.com) or call 833.3TACTILE (833.382.2845).

# Take control of your chronic swelling with Kylee.™

- **LEARN** about lymphedema.
- **TRACK** your symptoms and treatments.
- **SHARE** your progress with your doctor.

Download Kylee today and get back to the life you love!



Individual results may vary.

**Indications for Use:** The Flexitouch Plus system and garments for legs, arms, trunk, and chest are intended for use by medical professionals and patients who are under medical supervision, for the treatment of many conditions such as: lymphedema; primary lymphedema; post mastectomy edema; phlebolymphe­dema; lipedema; edema following trauma and sports injuries; post immobilization edema; venous insufficiency; reducing wound healing time; treatment and assistance in healing stasis dermatitis, venous stasis ulcers, or arterial and diabetic leg ulcers. The Flexitouch Plus system and garments for the head and neck are intended for use by medical professionals and patients who are under medical supervision for the treatment of head and neck lymphedema.

**Contraindications:** Contraindications, warnings, and instructions for use can be found in the product labeling supplied with each device.

**Caution:** Federal (USA) law restricts these devices to sale by or on the order of a licensed healthcare practitioner.

#### References:

1. Adams KE, Rasmussen JC, Darne C, et al. Direct evidence of lymphatic function improvement after advanced pneumatic compression device treatment of lymphedema. *Biomedical Optics Express*. August 2010;1(1): 114–125.
2. Muluk SC, Hirsch AT, Tafe EC. Pneumatic compression device treatment of lower extremity lymphedema elicits improved limb volume and patient-reported outcomes. *EJVES*. 2013; Vol. 46(4): 480–487.

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